

FACILITY ACCESS COVID-19



As an RGU Sports Club member it is important you understand the relationship with facility operators. Each facility's operations will be different, due to COVID-19, it is therefore vital that you and your club understand the measures which have been put in place to protect you and your fellow members whilst at training sessions and matches.

RGU SPORT

RGU SPORT operates a 'Welcome If' procedure for customers accessing the facility.

Welcome If Procedure

By entering RGU SPORT, you are agreeing to our "welcome if" procedure. What this means is that you are welcome if you agree to:

- Stay at home if you are feeling unwell and only enter RGU SPORT if you and your household have no symptoms of Coronavirus, you are not awaiting a test result or have not been informed you should be self-isolating.
- Follow our guidance around hand washing and sanitising.
- Commit to wiping down all equipment you use before and after each use.
- Comply with social distancing guidance.

TEST AND PROTECT

The RGU Test & Protect Check-In web app is fast, secure, easy to use, and can be used to share information on building visits with the NHS Test and Protect, if required. All RGU SPORT visitors, users and members must use the app to sign in and out on every visit.

CHECK-IN WITH THE TEST & PROTECT APP

PERSONAL ITEMS

Please arrive exercise-ready and keep all personal items to a minimum as the changing rooms are for essential use only.

CAPACITY

Restrictions on capacities will be in place which will reduce the number of people in certain areas, minimising congestion and helping you to comply with social distancing practices.

CHANGING ROOMS

Changing rooms and showers should only be used if essential. Users should arrive exercise or swim ready and should shower at home rather than in the facility. If showering in the facility is essential, please limit your time within the changing areas to 10 minutes.

FACE COVERINGS

Face coverings must always be worn, unless exempt, when using RGU SPORT. Face coverings may be removed during exercise.

EQUIPMENT SPACING

The equipment has been rearranged or marked out of use to conform to social distancing measures. Floor markings have been measured out so you can keep your distance when using studio space.

BOOKING SYSTEM

Each club should ensure their risk assessment complies with maximum capacities for each area of RGU SPORT. If you are unsure of current capacities for each space, please contact the President of Sport and Physical Activity.

For more information on facility access at RGU SPORT visit [Preparing for your Return | RGU SPORT | RGU](#)

SPORT ABERDEEN FACILITY PROCEDURES

Sport Aberdeen ask that clubs and its members meet the following requirements as a condition of your booking:

Compliance with procedures

You and all club members and associates must agree to adhere to both the venue procedures set out by Sport Aberdeen and also the guidance set out by the National Governing Body for your sport. Therefore, it is important that as a member of the club utilising these facilities that you are aware of the protocols in place.

Guidance for club members

Guidance for all club members and associates must include information on attending sessions only if they (and their household) are COVID symptom free and guidance on a reporting process if they develop symptoms.

Registers

You must have accurate and up to date registers for each club session, including all coaching staff. These will be required by Test and Protect in the incidence of an outbreak so must be available at short notice upon request by Sport Aberdeen or the NHS Test and Protect team. Please note for RGU Sports Clubs all external venues have been made available on the RGU Test & Protect Check-In web app.

Site Specific Guidance

If your training or playing venue sends over any site specific guidance as part of their booking processes, this will be emailed to the President of your club from the President of Sport and Physical Activity.