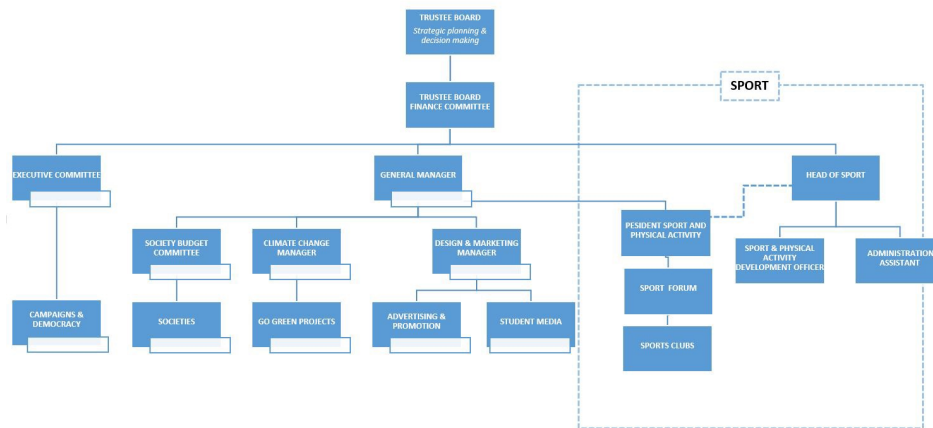


# INTRODUCTION TO RGU SPORTS CLUBS



RGU Sports Clubs is the Sport and Physical Activity representation of RGU:Union. Each year a President of Sport and Physical Activity is voted in to drive forward sport and physical activity at the university. The President is supported by both the General Manager of the Union and the Head of Sport at RGU SPORT.



As RGU Sports Clubs is governed by RGU:Union it is important you familiarise yourself with it's policies which can be found [here](#).

As well as being a member of an RGU Sports Club you are first and foremost a student of the university and therefore you must abide by all **university policy** and **student policies and guidelines**.

**RGU Sports Clubs** are student led sports clubs, who aim to deliver organised sport and physical activity. They consist of student members and governed by an elected committee of dedicated student volunteers.

**RGU Sports Forum** is the leadership group of RGU Sports Clubs. It comprises of our student sports club leaders, with the collective aim of improving sport and physical activity at RGU.

**RGU SPORT's involvement in RGU Sports Clubs** - RGU Sport acts as the home of RGU Sports Clubs. With a highly experienced staff team, their role is to apply their knowledge and experience of student sport to provide support and advice for all clubs and athletes, ensuring their continual development.

## What does this mean for you?

As a member of an RGU Sports Clubs you have an opportunity to directly impact sport and physical activity at the university. This can be done by influencing the RGU Sports Forum through you club committees. As your club committee is run by fellow members it is important to support them and make your opinion known to them in order for their decisions to reflect the club's members. You could also play your part by getting involved in the club committee. Each year the committee is voted in at the club annual general meeting (AGM). For more information about how to get involved in the club committee please read the club essentials section to see the committee positions on offer.

## **RGU Sports Clubs Key Contacts:**

**RGU:Union - [hello@rguunion.co.uk](mailto:hello@rguunion.co.uk)**

**President of Sport and Physical Activity - [presspa@rguunion.co.uk](mailto:presspa@rguunion.co.uk)**

**RGU SPORT Club Development Officer - [r.anton1@rgu.ac.uk](mailto:r.anton1@rgu.ac.uk)**